

4 KM

DASH

EVENT GUIDE

Race Start

Please follow the below start and assembly times for your chosen race distance, remember that all waves are self seeded. Follow relevant signage on the day for your starting position.

All participants must **assemble 15 min prior** to their race start time.

Cut off time for the 4km is 1 hr 10 min.

Assemble By

Race Start

8:30AM

8:45AM



START LOCATION
OPTUS STADIUM

Aid Stations / Toilets

Aid stations can be found on course every few kilometres and at both the start and finish lines. Toilets are located at the start/finish precinct, as well as at all aid stations. See the event website for aid station locations and the services available at each aid station.

Race Bibs

Race bibs are fitted with timing chips and must be visibly pinned to the front of your shirt/singlet prior to starting the event. Medical conditions must be clearly detailed on the back of your race bib, along with emergency contact details.

Clothing Service

We offer a clothing drop off service for all participants, available only at Pack Pick Up held on Friday 9 (10am – 7pm) and Saturday 10 (8am – 4pm) October, at the Eastern Atrium of Optus Stadium. There will be **NO CLOTHING DROP OFF ON RACE DAY.**

On-Course Restrictions

The use of bicycles, skateboards, electric skateboards, rollerblades/skates or any other similar mode of transport is not permitted on course. Prams/strollers/non-racing wheelchairs are permitted in the 4km distance, however, must start at the back of the final wave.

Children in prams aren't required to have a race bib. Parents pushing prams must commence at the rear of the final wave for safety reasons.

No animals are allowed on course, with the exception of Registered Service dogs.

Medical Safety

Your health is our utmost priority. Medical services will be available on course at select aid stations, and at the start/finish line and event precinct. If you are feeling unwell at any stage of the course, speak to a course marshal or volunteer who will be able to contact our medical team.

Getting to the Event.

Public Transport

Your Perth Running Festival registration includes free travel on Transperth Train services for three hours before, during and after the event. Simply wear your event bib and jump on board!

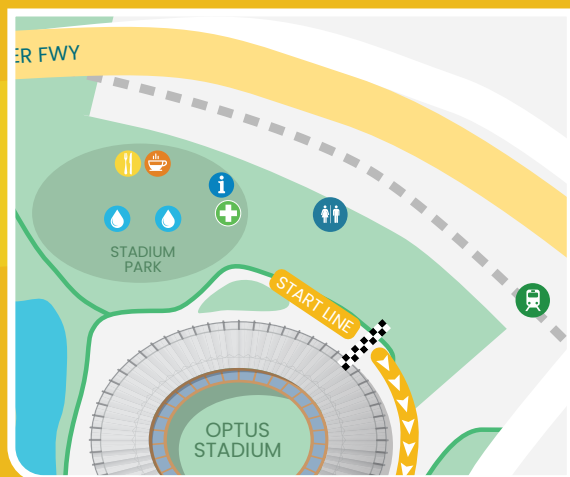
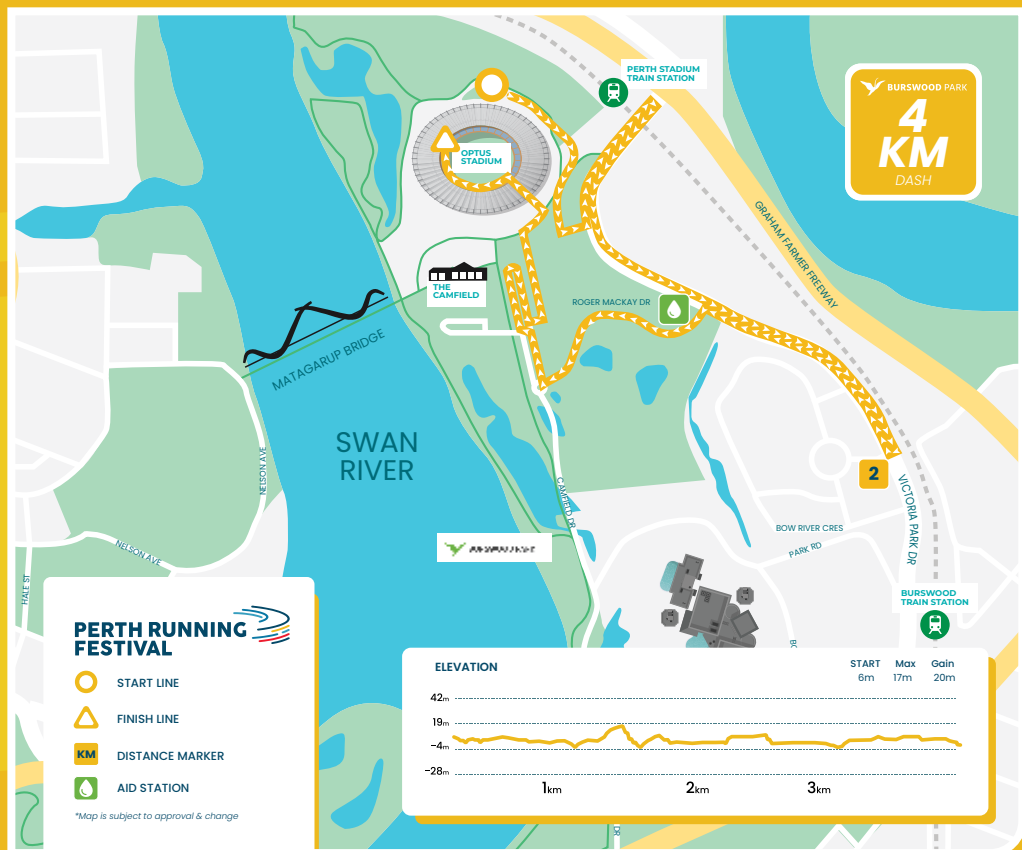
Plan your journey on the Transperth app, head to transperth.wa.gov.au.

Parking

Strictly limited event parking available at Belmont Park. Due to road closures after 3.30am, Belmont Park is accessible from Graham Farmer Freeway eastbound only. We strongly recommend participants use the free Transperth event services.

Road Closures

The latest information on road closures will be available on the Perth Running Festival website.



Need more information?



SCAN QR CODE
FOR ALL YOUR
RACE DAY
INFORMATION!



www.perthrunningfestival.com.au



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SUNDAY 11 OCTOBER 2026 | OPTUS STADIUM

PERTH RUNNING FESTIVAL
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